

# The Daily Use of Bikes

---

## How do I take care of my bike



Put water on your bike.  
Make sure you clean every  
part of your bike.

Get water with soap and clean  
every part of your bike with a towel.



After finishing, get another towel  
and dry your bike.



At the end, get a chain spray and spray it on  
your chain.

Pull your brake while pushing your bike forwards, to  
check if your brakes are still working.



Make sure there is enough air in your tires. It should  
be about 2.5 bars.